

# POOLS - HOLIDAY TIMETABLE

Mon 22 Dec	Tues 23 Dec	Wed 24 Dec	Thu 25 Dec	Fri 26 Dec	Sat 27 Dec	Sun 28 Dec
≡  SWIM FIT 05:30 - 08:00	≡  SWIM FIT 05:30 - 08:00	≡  SWIM FIT 05:30 - 08:00				
					≡  SWIM FIT 08:30 - 10am	
≡  SWIM FIT 09:00 - 10:15	≡  SWIM FIT 09:00 - 10:15	≡  SWIM FIT 09:00 - 10:15				No Family Swim
▲  AQUA FIT 10:30 - 11:15		▲  AQUA FIT 10:30 - 11:15			No Family Swim	
≡  SWIM FIT 12:15 - 13:45	≡  SWIM FIT 12:15 - 13:45					
≡  SWIM FIT 19:30 - 20:30	≡  SWIM FIT 19:30 - 20:30		CLOSED			

Mon 29 Dec	Tues 30 Dec	Wed 31 Dec	Thu 1 Jan	Fri 2 Jan	Sat 3 Jan	Sun 4 Jan
≡  SWIM FIT 08:30 - 10am	≡  SWIM FIT 08:30 - 10am	≡  SWIM FIT 08:30 - 10am			≡  SWIM FIT 08:30 - 10am	
▲  AQUA FIT 10:30 - 11:15		▲  AQUA FIT 10:30 - 11:15		CLOSED	No Family Swim	No Family Swim

Mon 5 Jan	Tues 6 Jan	Wed 7 Jan	Thu 8 Jan	Fri 9 Jan	Sat 10- Jan	Sun 11 Jan
Pools Open Back to except Family Swim						
≡  SWIM FIT 05:30 - 08:00	≡  SWIM FIT 05:30 - 08:00	≡  SWIM FIT 05:30 - 08:00	≡  SWIM FIT 05:30 - 08:00	≡  SWIM FIT 05:30 - 08:00	≡  SWIM FIT 06:30 - 07:30	
≡  SWIM FIT 09:00 - 10:15	≡  SWIM FIT 09:00 - 10:15	≡  SWIM FIT 09:00 - 10:15	≡  SWIM FIT 09:00 - 10:15	≡  SWIM FIT 09:00 - 10:15		
▲  AQUA FIT 10:30 - 11:15		▲  AQUA FIT 10:30 - 11:15		▲  AQUA FIT 10:30 - 11:15	No Family Swim	No Family Swim
≡  SWIM FIT 12:15 - 13:45	≡  SWIM FIT 12:15 - 13:45	≡  SWIM FIT 12:15 - 13:45	≡  SWIM FIT 12:15 - 13:45	≡  SWIM FIT 12:15 - 13:45		
≡  SWIM FIT 19:30 - 20:30	≡  SWIM FIT 19:30 - 20:30	≡  SWIM FIT 19:30 - 20:30	≡  SWIM FIT 19:30 - 20:30	≡  SWIM FIT 19:30 - 20:30		

Please book via the Northern Arena Gym App so we can notify you of any updates to your booked sessions

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Updated 22/12/25

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